

# DISCO

FOR ADULTS & TEENAGERS  
WITH DISABILITIES



A fortnightly disco at St. James' Park  
community room.

Have fun, dance, listen to music and  
enjoy some drinks and snacks.

18:30-20:00

£5 a session

*January- 8<sup>th</sup>, 22<sup>nd</sup>*

*February- 5<sup>th</sup>, 19<sup>th</sup>*

*March- 5<sup>th</sup>, 19<sup>th</sup>*

**ACTIVEABILITY**  
*Solent.*

Making Sport and Exercise Accessible.

**FoSJP**  
Friends of St James' Park